

## Instructions for Recording Video for *Chacruna Chronicles*

We are requesting that Chacruna authors please record and submit a **short video (1 minute)** to accompany their article. In this video, you should introduce yourself and provide a brief summary of your piece.

Here are some additional instructions to help you with this:

- **Please record in vertical format.**
- Find a location with good lighting: natural daylight (if possible) on your face with no light coming from behind. Position the camera level with your face. Be careful that your face is not at the height of the logo and is higher than where we will put your name (see the image below).
- Share your name and your title/a brief description of who you are.
- Offer a short summary of the content of your article.
- Conclude with a brief statement about why readers should feel called to read the article and what you hope them to get out of it.
- Please send to us in writing: your highest academic degree (PhD, MA,) and your profession (medical doctor/ anthropologist, etc). This information will appear under your name in the video.

You do not need to edit your videos. Please send us the file, and we will add in the Chacruna logo and other info.

**Here is an example of what the video will look like:**

